# The Terrors of the Tricuspid Valve: Care and Management of the Neonate with Ebstein's anomaly or Severe tricuspid valve dysplasia

Ricardo L. Garcia MD FAAP FCCP FCCM
Pediatric Critical Care Section
Department of Pediatrics
University of Puerto Rico School of Medicine



# Agenda

01

Ebstein Anomaly Morphology 02

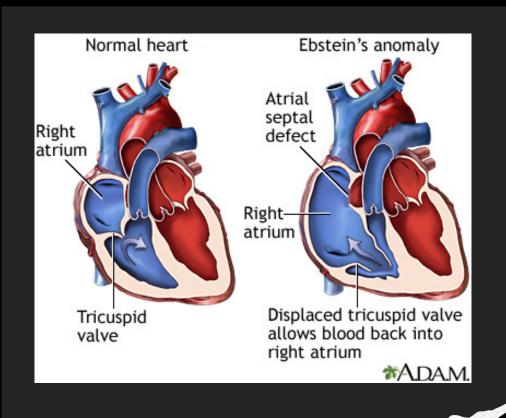
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Conclusions

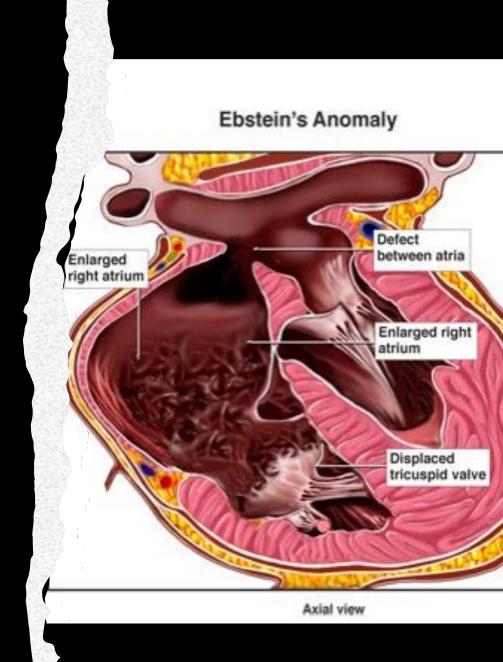


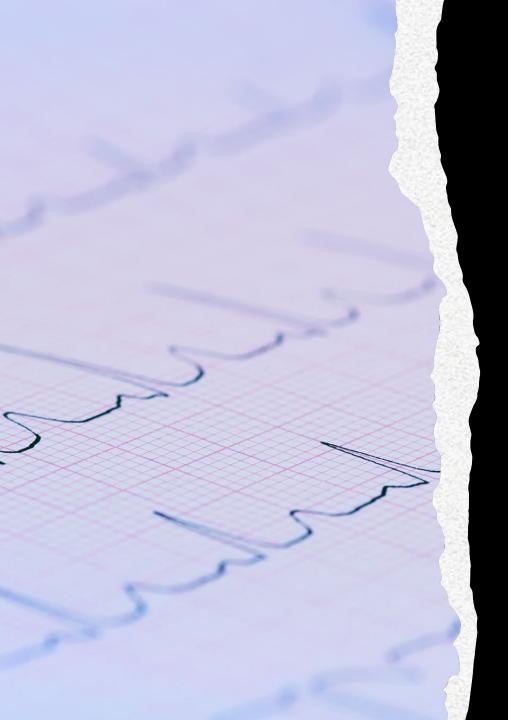
## **Ebstein's Anomaly (EA)**

- Wihelm Ebstein 1866
- Incidence 0.5% of all CHD
- Overall Mortality related to presenting age
  - Severe Neonatal Forms 20-80%
  - All age groups 35-45%
- Most common related lesion
  - ASD, PFO
  - Bicuspid Ao valve
  - Pulmonary atresia
- Equal sex incidence

# Ebstein's Anomaly

- Congenital anomaly of the tricuspid valve and right ventricle due to incomplete delamination of tricuspid valve leaflets
- Apical displacement of tricuspid valve, leads to decreased size of functional right ventricle
- Right ventricular outflow and degree of pulmonary blood flow is variable and unpredictable



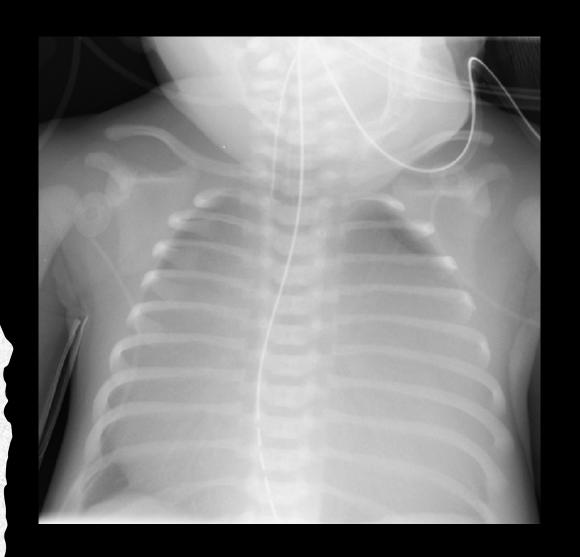


# Clinical presentation

- Neonatal Period
  - Severe Cyanosis
  - Congestive Heart Failure
  - Metabolic Acidosis
- Adulthood
  - Arrythmias
  - Heart Failure
  - Fatigue
  - Cyanosis

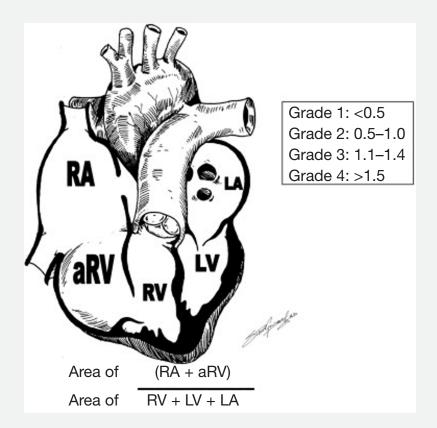
# **Pathophysiology**

- Presentations and symptoms related to:
  - Tricuspid regurgitation
  - RVOT obstruction
  - Cyanosis
  - Pulmonary hypertension
  - Circular shunt
  - RV failure
    - Congestive heart Failure



## **EA: Classification**

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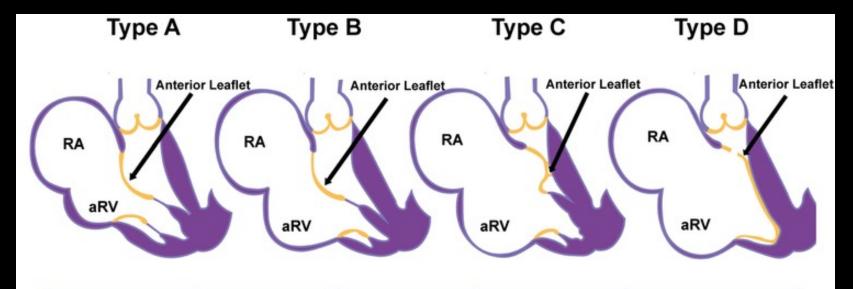
**Figure 2** Celermajer index. RA, right atrial; aRV, atrialized right ventricle; RV, right ventricle; LA, left atrium; LV, left ventricle.

TABLE 1. Mortality prediction based on Great Ormond Street Echocardiography (GOSE) score\*

	GOSE score	
GOSE score	Ratio	Mortality
I	<0.5	8%
II	0.5-1.0	8%
III (acyanotic)	1.1-1.4	10% early, 45% late
III (cyanotic)	1.1-1.4	100%
IV	>1.5	100%

<sup>\*</sup>From: Celermajer DS, Bull C, Till JA, Cullen S, Vassillikos VP, Sullivan ID, et al. Ebstein's anomaly: presentation and outcome from fetus to adult. *J Am Coll Cardiol*. 1994:22:170-6.

# EA: Classification



	A	В	С	D
Septal/Posterior Leaflet Displacement	Mild	Moderate	Severe	Extremely Severe (Tricuspid Valve Sac)
Anterior Leaflet	Normal Morphology and Mobility	Abnormal Attachments with Normal Mobility	Partial Adhesions to the Ventricular Free Wall and Restricted Motion	Severe Adhesions to the Ventricular Wall
"Atrialized" Ventricle	Small/Preserved Function	Moderate/Reduced Function	Large/Reduced Function	Very Large/Minimal Function
Functional Ventricle	Normal/Preserved Function	Reduced/Preserved Function	Small/Reduced Function	Infundibulum/Depressed Function

Review Article on Management of Congenital Heart Disease

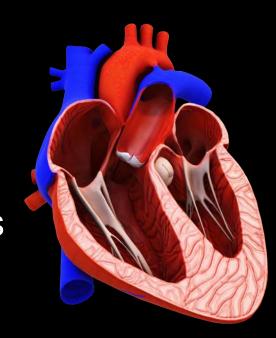
Ebstein's anomaly: contemporary management strategies

Sandeep Sainathan1, Luciana da Fonseca da Silva2, Jose Pedro da Silva

J Thorac Dis 2020;12(3):1161-1173 | http://dx.doi.org/10.21037/jtd.2020.01.18

# **Neonatal Management**

- Goals of management
  - Decrease RV afterload
  - Decrease degree of regurgitation
  - Correct metabolic acidosis and avoid arrythmias
  - Avoid further atrial RV dilatation
  - Avoid Recirculation syndrome



# **Medical Management**



#### Decrease RV afterload

- Intubation and sedation
- Nitric oxide
- Optimal tidal volume with low PEEP
- Prostaglandins

2

# Decrease degree of regurgitation

- Milrinone
- Euvolemia

3

# Correct metabolic acidosis and avoid arrythmias

- Lactate levels
- Urine output
- Diuretics

## Medical Management

Avoid Recirculation Syndrome

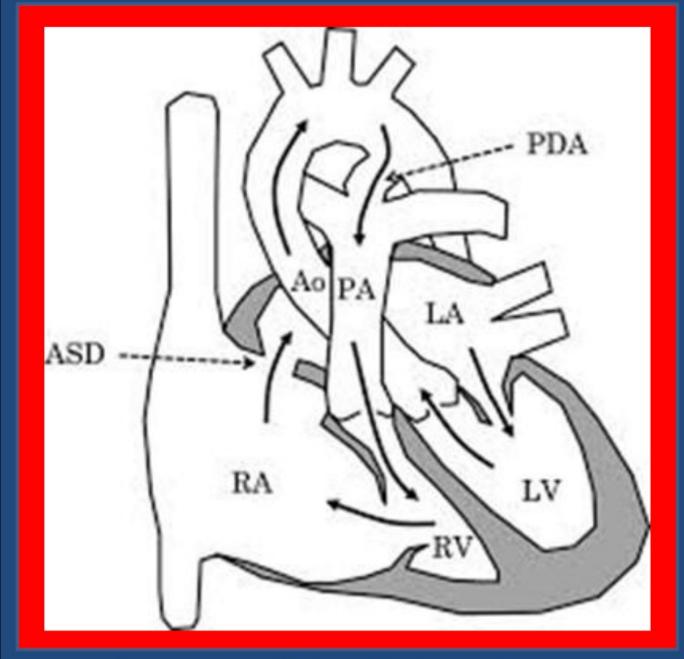
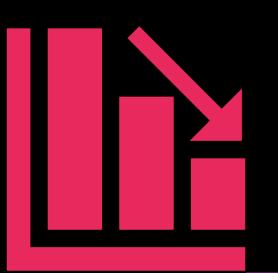


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# **Failure**

# Failure in Medical Management may need Surgical Alternatives



#### Failure defined as:

Unable to wean inotropes

Persistent cyanosis

Decompensated CHF with organ dysfunction

Metabolic acidosis

Low TR Jet

PR

Neonatal surgical management associated with HIGH mortality

Starnes Procedure (1991,2008)

- RV exclusion
  - Atrial Septostomy, TV closure, AP shunt creation

Knott-Craig monocusp technique (1994)  Mobilization of Anterior leaflet to achieve functional TV and biventricular repair

Carpentier Procedure (1988)

 TV repair based on delamination of the three leaflets based on the anatomy

Da Silva Procedure

• Cone Modification of Carpentier procedure (2007,2020) in neonates

# Surgical management

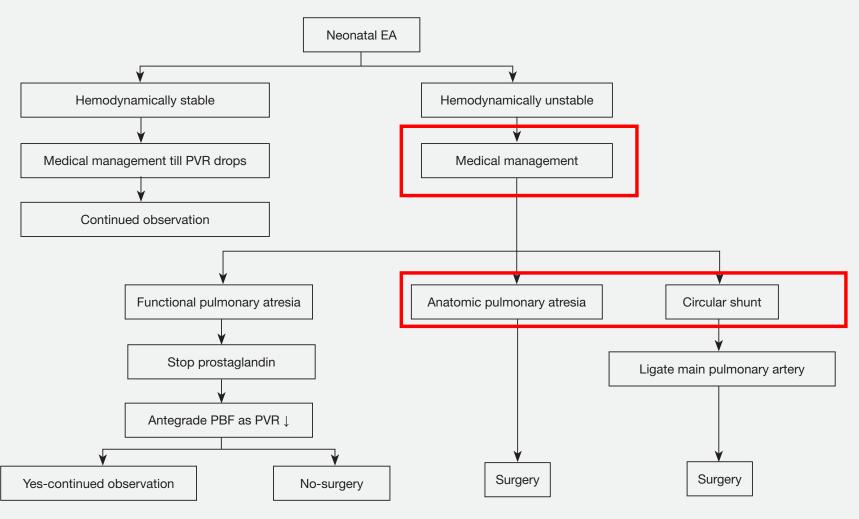
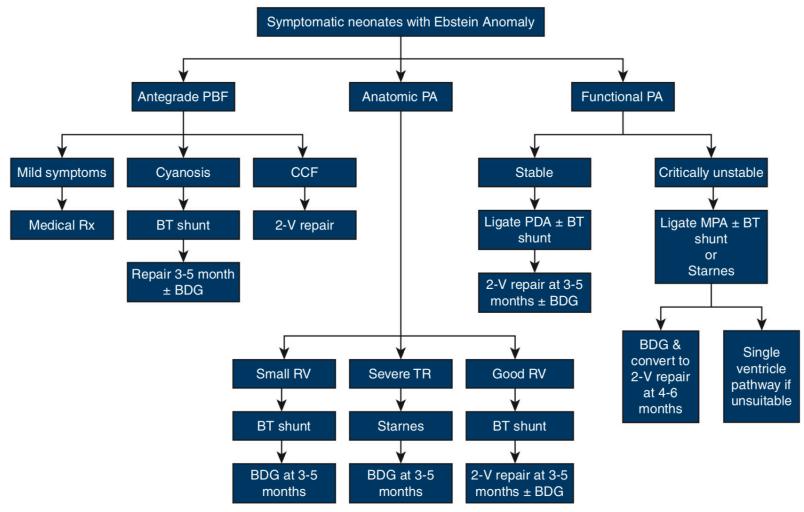


Figure 3 Management algorithm for neonatal EA. EA, Ebstein's anomaly; PVR, pulmonary vascular resistance; PBF, pulmonary blood flow.

Review Article on Management of Congenital Heart Disease

Ebstein's anomaly: contemporary management strategies



**FIGURE 6.** Algorithmic approach to the severely symptomatic neonate with Ebstein anomaly. *PBF*, Pulmonary blood flow; *PA*, pulmonary atresia; *CCF*, congestive cardiac failure; *BT*, Blalock-Taussig; *BDG*, Bidirectional GLenn; *RV*, right ventricle; *TR*, tricuspid regurgitation; *PDA*, patent ductus arteriosus; *MPA*, main pulmonary artery.

Current surgical techniques in the management of the symptomatic neonate with severe Ebstein anomaly: Too much, too little, or just enough? Christopher J. Knott-Craig, MD, FACS, and Umar S. Boston, MD

## **Conclusions**

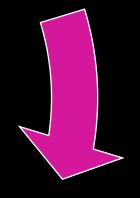
Surgical correction considered when medical management fails, better outcome in older patients

## Prenatal diagnosis of EA difficult

 Neonatal Presentation usually sicker patients



A multidisciplinary approach that transcends individual institutions' walls will be necessary to lead to improved outcomes



Neonatal medical management directed to decrease PVR, decrease RV afterload, improve cardiac output and optimize oxygenation

Neonatal presentation
with profound
cyanosis and heart
failure is associated
with increased
mortality

