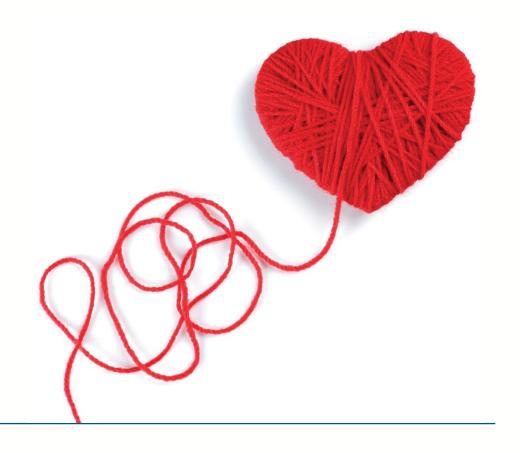
CARDIOLOGY 2023

NURSE NAVIGATION IN CONGENITAL CARDIOLOGY

Zöe Cowles, MSN, RN, CPN, CNL



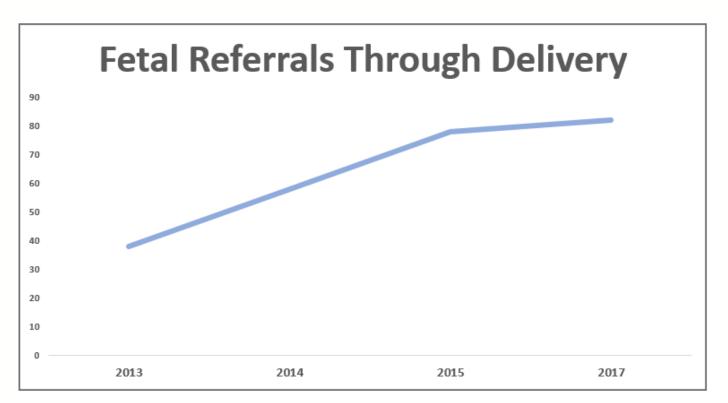


OBJECTIVES

- Acknowledge lacking literature regarding the role of nurse navigator within congenital cardiology
- Demonstrate program growth within a single center
- Describe the best practices for the nurse navigator in congenital cardiology
- Increase awareness of this role, and similar roles, and consider value to patient care
- Support implementation of the role in programs throughout the field

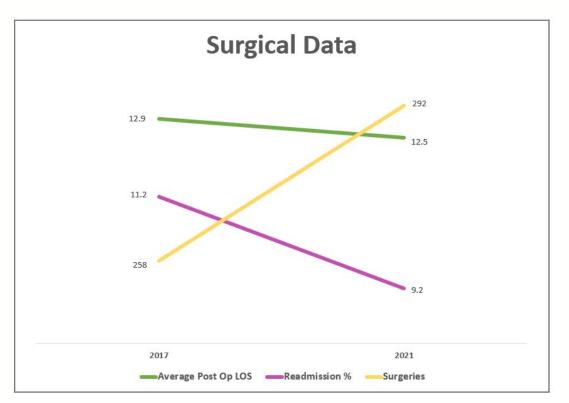


PROGRAMMATIC GROWTH





PROGRAMMATIC GROWTH

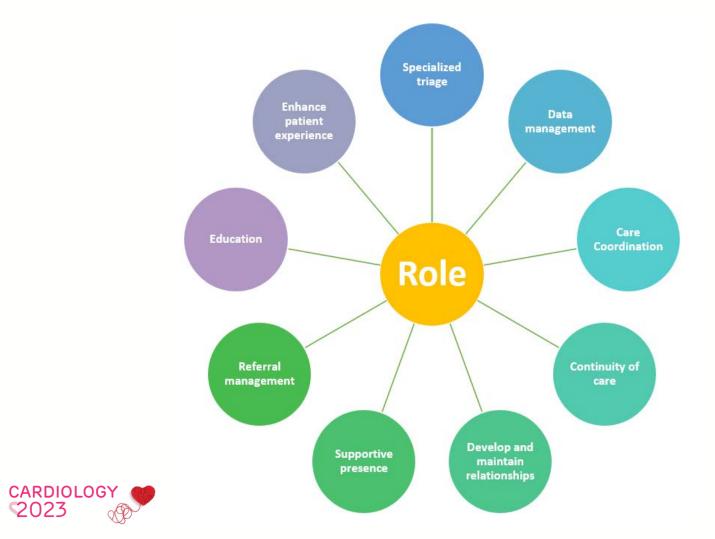




TIMELINE FOR ROLE IMPLEMENTATION AT LEVINE CHILDREN'S







PUT YOURSELF IN THEIR SHOES

- New Parents
- 37 weeks gestation
- Unscheduled US at OB for decreased fetal movement
- New findings, concerning for small left sided heart structures
- Urgent referral for Cardiology
- Fetal Echocardiogram consistent with HLHS diagnosis





NAVIGATING CARE FOR THIS PATIENT

- Fetal
- Surgical
- Inpatient
- Cath
- Surgical
- Inpatient
- Cath
- Surgical
- Inpatient
- Adult Congenital





CONCLUSION

- The role of the nurse navigator mirrored programmatic growth across various disciplines at Levine Children's Congenital Heart Center.
- While literature is available to support this role within other specialties, there is none available to promote its use within congenital cardiology.
- Research is needed to investigate patient outcomes and satisfaction in relation to the utilization of this role.

